

TWO GREAT LOCATIONS TO SERVE YOU IN THE SOUTH SHUSWAP • #LOVELOCAL

2798 BALMORAL ROAD, BLIND BAY • PHONE: 250.675.2046 • FAX: 250.675.4192
 OPEN 5 AM - 9 PM 7 DAYS A WEEK
 M&M FOOD MARKET EXPRESS • GROCERY • MEAT • PRODUCE
 BAKERY • DELI • HOT FOODS • LIQUOR

1249 TRANS-CANADA HWY, SORRENTO • PHONE: 250-675-2442
 OPEN 7 DAYS A WEEK 8 AM - 9 PM
 PUROLATOR DEPOT OPEN 8 AM - 9 PM • GROCERY • MEAT • BAKERY
 PRODUCE • LIQUOR • DELI • HOT & COLD LUNCHES • LOTTO • ICE

VISIT OUR WEBSITE:
villagegrocer.com
 View our Flyers, Sign Up for updates
 and order your groceries!



Village Grocer

Find us on
Facebook and Instagram
 @BlindBayVillageGrocer

**Beef
 Top Sirloin
 Steak**

Value Pack
 kg. 22.02

999
 per lb.



Montana's
 BBQ Sauce
 Select Varieties
 350 ml.

499
 each



**THE BENEFITS OF BEING A BCAA
 MEMEBER ARE HUGE!**

JOIN TODAY AND RECEIVE \$0.03 CENTS OFF
 PER LITRE AT OUR SHELL GAS PUMPS
 BY SWIPING YOUR CARD! IT'S THAT SIMPLE!

MEMBERSHIPS START AT JUST \$36.00
 PER YEAR AND THEN GAS UP WITH US!

Join BCAA and get
\$0.03 off a litre!



**Summer Fresh
 Dips**

Select Varieties
 227 g.

498
 each



**Navalmoral
 Dorado Cheese**

399
 per 100 g.



**Grimm's
 Hot Capicolti**

288
 per 100 g.



**Calabrese
 Buns**

6 Pack

Baked Fresh Daily!

349
 each



**Pringles
 Potato Chips**

Select Varieties
 148-156 g.

2 FOR \$6



**Kellogg's
 Mini Wheats**

Jumbo Size
 1.2 kg.

998
 each



**Cavendish Farms
 Hashbrown Patties**

Frozen
 600 g.

2 FOR \$5



**Folgers
 Coffee**

Select Varieties
 641-865 g.

998
 each



PLEASE RECYCLE WHERE FACILITIES EXIST.

ALL GRAPHICS ARE FOR ILLUSTRATION PURPOSES ONLY.
 WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
 *PLUS DEPOSIT & ENVIRO LEVIES WHERE APPLICABLE.
 DUE TO SPACE LIMITATIONS, NOT ALL AG INDEPENDENT RETAILERS MAY CARRY ALL ADVERTISED ITEMS.
 AG INDEPENDENT IS A PROGRAM OF ASSOCIATED GROCERS.

SALE PRICES
 EFFECTIVE
 MAY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
5	6	7	8	9	10	11

rise & shine

**General Mills
Family Size Cereal**

Select Varieties
481-725 g.

6⁹⁸
each

**Folgers
Coffee**

Select Varieties
12 K-Cups

7⁹⁸
each

**Nabob
Coffee**

Select Varieties
340 g.

9⁹⁸
each

**Tim Hortons
Coffee**

Select Varieties
30 K-Cups

22⁹⁸
each

**Tim Hortons
Hot Chocolate**

500 g.

4⁹⁸
each

**Dempster's
Signature Bread**

Select Varieties
600-680 g.

2 FOR \$8

**Elias
Honey**

Creamed or Liquid
500 g.

7⁹⁸
each

**Jif
Peanut Butter**

Select Varieties
1 kg.

6⁴⁸
each

**Kashi
Cereal**

Select Varieties
269-460 g.

5⁹⁸
each

Bake Sale

**Quaker
Muffin Mix**

Select Varieties
900 g. each **6⁴⁸**

**Eagle Brand
Condensed Milk**

Regular or Low Fat
300 ml. **2 FOR \$8**

**Tenderflake
Pie or Tart Shells**

or Puff Pastry, Frozen
Select Varieties, 255-397 g. **2 FOR \$9**

**Rogers
Oats**

or Large Flakes
Select Varieties
750 g.-1.1 kg.

2 FOR \$9

**Red Rose
Orange Pekoe Tea**

144 Bags or 12 K-Cups

10⁹⁸
each

**Sunny D
Beverages**

Smooth or Tangy
Original, 500 ml.
*Plus Deposit

4 FOR \$5

fridge & freezer

Cheemo Perogies

Frozen, Select Varieties
745-907 g.

Dairyland
Sour Cream
750 ml.

4⁴⁸

2 FOR \$7



McCain Superfries

Tasti Taters or Patties
Frozen, Select Varieties
1.4-1.8 kg.

9⁹⁸
each



Kellogg's
Eggo Waffles
Original, Frozen
48 Pack

16⁹⁸
each



Green Giant
Simply Steam
Vegetables
Frozen, Select Varieties
250 g.

2 FOR \$4



Armstrong
Sliced Cheese
Select Varieties
220-240 g.

2 FOR \$9



Cracker Barrel
Shredded Cheese
Select Varieties
320 g.

8⁹⁸
each



Chapman's
Ice Cream
Select Varieties
4 litre

9⁹⁸
each



Minute Maid
or Five Alive
Chilled, Select Varieties
1.75 litre
*Plus Deposit

2 FOR \$9



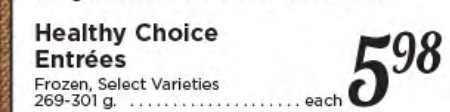
Dairyland
Whipping Cream
237 ml.
*Plus Deposit

1⁹⁸



Dairyland
Milk 2 Go Sport
Vanilla or Chocolate
473 ml., *Plus Deposit

2 FOR \$6



Cracker Barrel
Cheese
Select Varieties
600 g.

12⁹⁸



Healthy Choice
Entrées
Frozen, Select Varieties
269-301 g.

5⁹⁸



Kozy Shack
Pudding
Select Varieties
624 g.

2 FOR \$7



Philadelphia
Dips
Onion or Dill Pickle
340 g.

5⁴⁸



Parkay
Margarine
Quarters or Soft Bowl
1.28-1.36 kg.

7⁹⁸



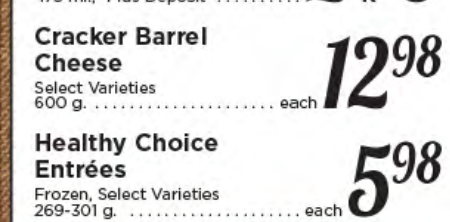
Swanson
Meat Pies
Frozen, Select Varieties
200 g.

2 FOR \$5



Dairyland
Cottage Cheese
Select Varieties
500 g.

6⁴⁸



Snowcrest
Perfectly Imperfect
Fruit
Frozen, Select Varieties
1.75 kg.

11⁹⁸
each

liquor department • BEER, WINES, SPIRITS & MORE ON SPECIAL EVERY WEEK

**Miller
High Life**
12 Pack Bottles
Plus Tax & Deposit

19⁹⁹
each

Save \$2



**Sleeman
Honey Brown**

12 Pack Bottles
*Plus Tax & Deposit

23⁷⁹
each

Save \$2



**Mt. Begbie
High Country
Kolsch**

6 Pack
*Plus Tax & Deposit

12⁴⁹
each

Save \$1



**Nutril
Tropical Mixer**

12 Pack
*Plus Tax & Deposit

27⁹⁹
each

Save \$2



**Crown Royal
Whiskey**
750 ml.
*Plus Tax & Deposit

27⁴⁹
each

Save \$2



**Havana Club
7 Year Old Rum**
750 ml.
*Plus Tax & Deposit

35⁹⁹
each

Save \$1.50



**El Jimador
Tequila Margarita**

4 Pack
*Plus Tax & Deposit

8⁹⁹
each

Save \$1



**Mott's Clamato
Pickled Bean**

6 Pack
*Plus Tax & Deposit

15⁹⁹
each

Save \$1



**Bombay Sapphire
London Dry Gin**
1.14 litre
*Plus Tax & Deposit

40⁹⁹
each

Save \$2



**Tito's Handmade
Vodka**
750 ml.
*Plus Tax & Deposit

32⁹⁹
each

Save \$3



**Sumac Ridge
Private Reserve
Cabernet Merlot**

750 ml.
*Plus Tax & Deposit

12⁹⁹
each

Save \$3



**Muddler's Vodka
Pink Lemonade**

6 Pack
*Plus Tax & Deposit

12⁴⁹
each

Save \$2



**Sawmill Creek
Dry White**

4 litre
*Plus Tax & Deposit

36⁹⁹
each

Save \$3



**Inniskillin Okanagan
Cabernet Sauvignon**

750 ml.
*Plus Tax & Deposit

14⁴⁹ Save \$3
each

Save \$3



**Copper Moon
Pinot Grigio**

4 litre
*Plus Tax & Deposit

39⁹⁹
each

Save \$5



ALL LIQUOR ITEMS SUBJECT TO PROVINCIAL TAXES, DEPOSITS AND APPLICABLE ENVIRO LEVIES. ALL GRAPHICS ARE FOR ILLUSTRATION PURPOSES ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

sizzling savings

Beef Top Sirloin Roast

kg. 22.02

9⁹⁹
per lb.

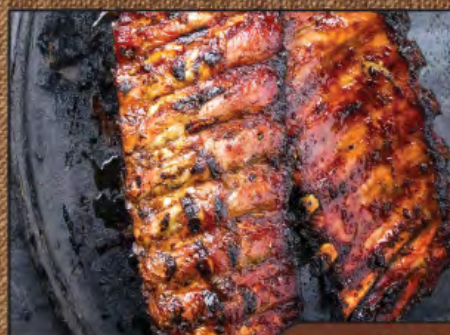


Crab Stuffed Chicken Breasts

Vienna or Santa Fe Crusted
kg. 28.63

12⁹⁹
per lb.

**HAND CRAFTED BY
OUR BUTCHERS!**



Pork
Baby Back Ribs
kg. 13.20

5⁹⁹
per lb.



Pork
Souvlaki
kg. 11.00

4⁹⁹
per lb.



Western Family
Maple Bacon
500 g.

8⁹⁹
each



Western Family
Bourbon Whiskey
Burgers
Frozen
852 g.

14⁹⁹
each



Mahi Mahi
Fillets

2⁶⁹
per 100 g.



Grimm's
Old Fashioned
Ham Halves
or Honey
700 g.

14⁹⁹
each



Chicken
Wings
Split Tipped
kg. 12.10

5⁴⁹
per lb.



Hokkaido
Scallops
20/40 Count, Frozen
340 g.

16⁹⁹
each

**CHECK OUT OUR GREAT SELECTION OF
VALUE ADDED DINNER IDEAS ALL PREPARED
IN STORE BY OUR MEAT DEPARTMENT**

**AS WELL AS OUR FRESH FISH & SEAFOOD
COOLER SELECTION!**

snack time

Old Dutch Restaurante Tortilla Chips

or Arriba, Select Varieties
230-295 g.

3 FOR 999

Kellogg's Homestyle
Rice Krispies
Squares
Original or Chocolate
198 g.

2 FOR \$7



Feeling Thirsty?

Coke or Canada Dry Beverages

Select Varieties
24x355 ml., *Plus Deposit

1498 each



Pepsi or 7Up Beverages

Select Varieties
6x710 ml., *Plus Deposit

748 each



Western Family Pop

Select Varieties
12x355 ml., *Plus Deposit

2 FOR \$11

AquaFina Water

6x710 ml.
*Plus Deposit

748 each

Gatorade Beverages

Select Varieties
6x591 ml., *Plus Deposit

798 each

Gatorade Drink Crystals

Select Varieties
560 g.

698 each

Gatorade G-Fit Beverages

Select Varieties
6x500 ml., *Plus Deposit

698 each

Corona Sunbrew Non Alcoholic Beer

6x330 ml.
*Plus Deposit

1198 each

SunRype Apple Juice

1 litre
*Plus Deposit

3 FOR 699

SunRype Juice or Blends

Select Varieties
5x200 ml., *Plus Deposit

3 FOR 798



Miss Vickie's Potato Chips

Select Varieties
190-200 g.

2 FOR \$9



Dutch Crunch Potato Chips

Select Varieties
200 g.

3 FOR 999



Orville Redenbacher or Act II Popcorn

Select Varieties
246 g. or 3 Pack

2 FOR \$7



Voortman Cookies

or Wafers
Select Varieties
300 g.

3 FOR 798

**Skittles
or Starburst**
Select Varieties
58-61 g.

2 FOR \$3

**Dunkaroos
Snacks**
Select Varieties
168 g. each

548

**Western Family
Rice Crackers**
Select Varieties
100 g.

2 FOR \$4

**Christie
Mini Cookies**
or Barnum Animal Crackers
Select Varieties, 200 g.

2 FOR \$6

**Smartfood
Popcorn**
Select Varieties
150-220 g.

2 FOR \$9

**Nestlé
Chocolate Bars**
Select Varieties
1 Pack

3 FOR 399

**Nestlé
Chocolate Minis**
Select Varieties
135-203 g.

498 each

household

Tide Laundry Detergent

Select Varieties
1.24 litre

10⁹⁸
each

Finish
Dish Detergent
40 Pack each 15⁹⁸



**Cottonelle
Bathroom Tissue**
Ultra Comfort or Clean Care
Mega 12 Roll

18⁹⁸
each



**Bounce
Fabric Softener**
Select Varieties
60-120 Sheets

7⁹⁸
each



**Snuggle Cuddle Up
Fabric Softener**
1.47 litre

5⁹⁸
each



**Purina
Dog Food**
Select Varieties
6.5-8 kg.

27⁹⁸
each



**Milk-Bone
Dog Treats**
Select Varieties
280-340 g.

2 FOR \$11



**Arm & Hammer
Rug & Room
Deodorizer**
Pet or Meadow Fresh
700 g.

2 FOR \$7



**Clorox
Disinfecting Wipes**
Fresh or Lemon Scent
35 Pack

2 FOR \$7



**Purina
Cat Food**
Adult
4 kg.

18⁹⁸
each



**Fancy Feast
or Friskies
Cat Food**
Select Varieties
85-156 g.

3 FOR \$3⁹⁹



**Herbal Essences
Hair Care
or Body Wash**
Select Varieties
346 ml.

2 FOR \$8

**Degree
Anti-Perspirant**
or Deodorant, Select Varieties
48-85 g.

2 FOR \$8

**Dove
Anti-Perspirant**
Select Varieties
76-107 g. each

6⁹⁸

**Western Family
Facial Tissue**
126 Tissues

2 FOR \$3

**Finish
Jet Dry**
250 ml.

5⁹⁸
each

market fresh produce

**Large Red
Watermelon**
U.S. Grown

748
each

**Earthbound Farm
Organic Salads**

Select Varieties
U.S. Grown, 5 oz.

398
each

**Cameo or Concerto
Grape Tomatoes**

Canadian Grown
284 g.



298
each



Avocados
Mexican Grown
4 Pack

2 FOR \$9



**Ambrosia
Apples**
Canadian Grown
kg. 2.82

128
per lb.



**Green
Cabbage**
U.S. or Mexican Grown
kg. 2.16

98¢
per lb.



**Red
Cabbage**
Canadian Grown
kg. 2.82

128
per lb.

**Red or Yellow
Potatoes**

Canadian Grown
5 lb. Bag



498
each

Carrots

California Grown
2 lb. Bag

2 FOR \$5